



# The specialist Nurse Contribution In European Health Care Towards 2030 & the launch of the Declaration of the Specialist Nurse

Organised by the European Specialist Nurses and Advance  
Nurses Practitioners and hosted by MEP Istvan Ujhelyi

10 October from 14h to 16h in Altiero Spinelli 3H1

#Caring4Nurses

# WELCOME

## ESNO EVENT

# 10 OCTOBER 2024

# OPENING WORDS

Dr Adriano Friganovic

President  
European Specialist  
Nurses Organisation.



# MODERATOR

Ber Oomen

Executive Director  
European Specialist  
Nurses Organisation.



# SPEAKERS

**Host MEP István Ujhelyi**

**Maya Mathews**, European commission DG Sante EU4Health and Health Systems.

**Dr. Blerina Duka**, president of the National Nursing Organisation Albania (UIAH) Southeastern European Health Nursing Network (SEEHN)

**VANESSA IBÁÑEZ DEL VALLE**, PhD in clinical and community nursing (University of Valencia). Mental health specialist nurse.

**OLGA NAVARRO MARTÍNEZ** PhD in Health and Wellbeing Technologies (Universidad Politècnica de Valencia). Nurse and educationalist

**Adriano Friganović**, Position of specialist Nurses In European Health towards 2023 ESNO Report of World café and ESNO

**Daniela Lehwaldt**, New roles European healthcare professionals: Nursing and the pharmacology domain

**Alessandro Stievano** : Specialist Nursing challenges in relation to harmonisation of education, certification and recognition in European context.

**Pascal Rod**: The recognition process and the role of the specialist nurse: positioning of the nurse anesthetists –

**Ilaria de Barbieri**: President EDTNA/ERCA (European Dialysis Transplant Nurse Association/European Renal Care Association) European nurse's role in Dialysis and Renal Care (short video message),

**Catharina van Oostveen**: Specialist Nurses, formal recognition and contribution to the Dutch health environment

**Henriette Hanssen**: EUVECA and Certification Program

**Josefine Declaye**: The ESNO Nurses Pool

MEP Mr. István  
Ujhelyi  
Member of the  
European  
Parliament



Maya Mathews

European Commission,  
Directorate-General for  
Health and Food Safety  
Acting Director for Digital,  
EU4Health and Health  
Systems Modernisation



## Blerina Duka

President of the  
Albanian Nursing  
Organisation  
Representing the  
Balkan region of  
nurses.



# Hello



## *Works experiences:*

- ✓ 12 years working in nursing
- ✓ 11 years Director of the Social Center
- ✓ Since 2019 – President of Albanian Order of Nurses







I work in Tirana, but I live in Elbasan, in the historical center, in the Castel neighborhood.



- From the window of my room I can see the bell tower of two church.
- From the window of my kitchen I can see the minaret of two mosque.
- Religious torelance is one of our national value.



# *Albanian Order of Nurses*

- ✓ Public entity - *not budgetary*
- ✓ Represents the common interests of the professions of the :
  - *Nurse,*
  - *Midwife,*
  - *Physiotherapist,*
  - *Laboratory technician,*
  - *Imaging technician*
  - *Speech therapist.*
- ✓ It regulates the relations between them for the benefit of the public.

## **MISSION**

*Maintain* the standards adopted by the Ministry of Health in the exercise of the profession.

*Overseeing* and *observance* to the Code of Ethics.

*Protecting* patients and the public from the misuse of the profession.

## *Responsibilities of AON*

- ✓ *Performs* the registration of members in the register and updates it.
- ✓ *Oversees* the implementation of professional duties.
- ✓ *Cooperates* for the development of professional standards;
- ✓ *Plans, designs and develops* vocational training programs.
- ✓ *Conducts* various trainings in the field of continuing education.
- ✓ *Guarantees* that members of the Order will fulfill recertification program obligations.

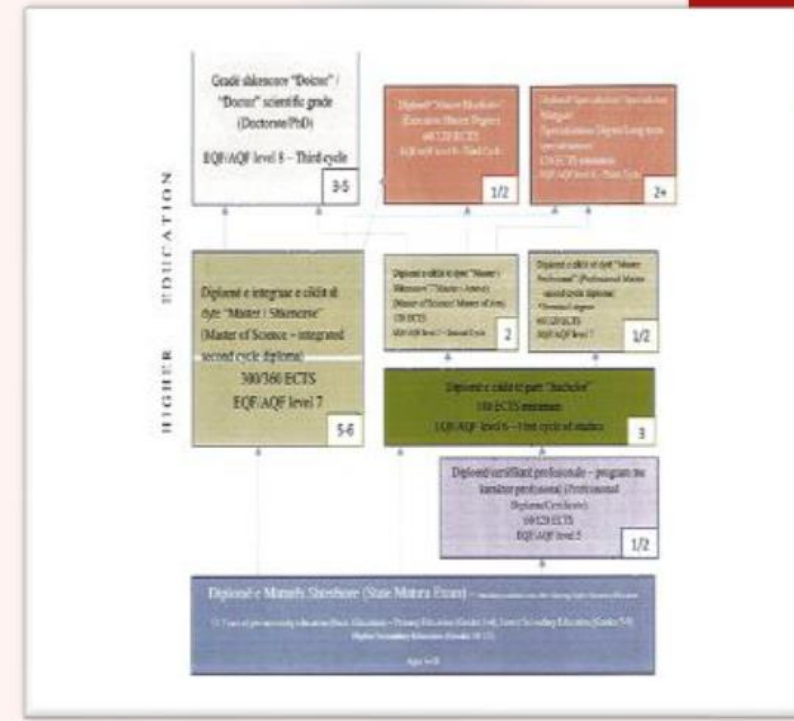
**UNIVERSITY**

Public - 7 Faculty  
Private - 8 Faculty

**Bachelor for Health Care Professions:**  
Nurses; Midwife; Nurse-Midwife; Physiotherapy;  
Imaging Technician; Laboratory Technician and  
Speech Therapy

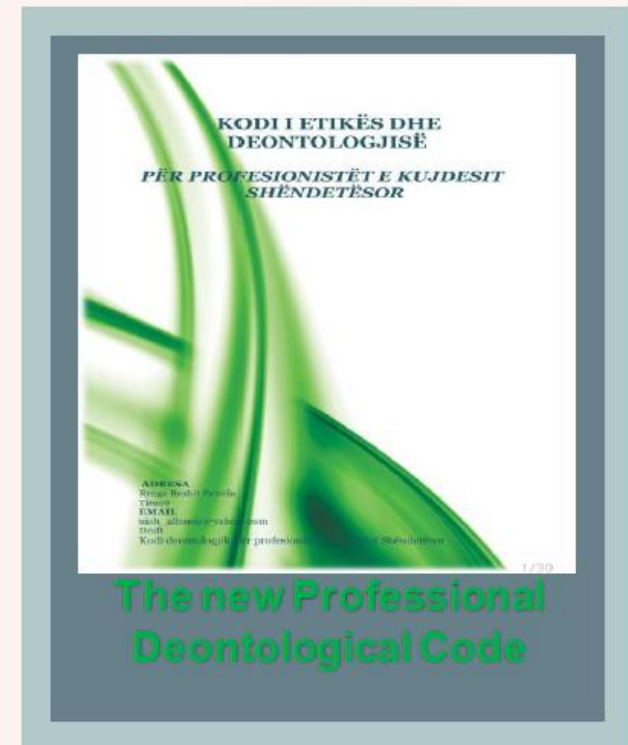
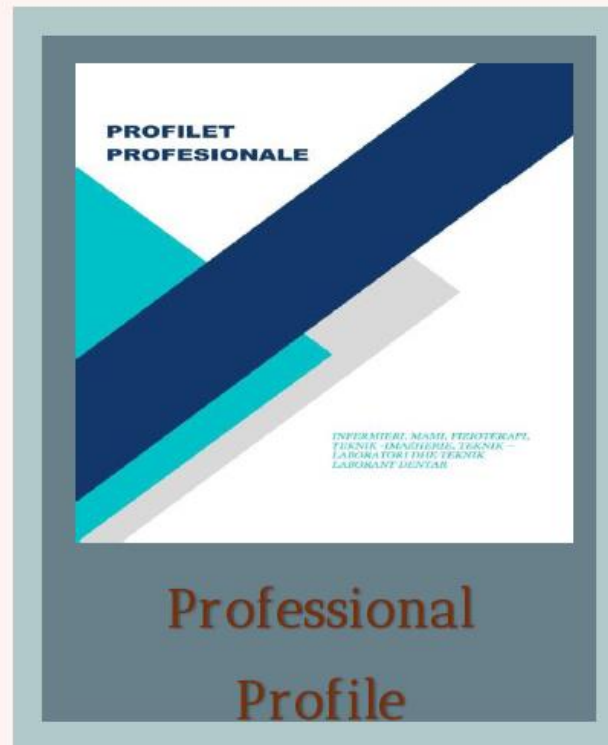
3 years 180 ECTS

- ✓ **Master of Science**  
1 years 60 ECTS
- ✓ **Professional Master**  
2 years 120 ECTS
- ✓ **Doctorate PhD**



**EDUCATION IN ALBANIA**

# Our work



# Our work



**UISH  
STRATEGY**



**THE NEW STATUTEE**



**Scientific  
Journal**

# Our focus...

Continuing education



Strong collaboration with the Minister of Health



High standards in professional practice



## What we need ?

My colleague and I think that is time to work on:

- ✓ Specialization programs in Nursing
- ✓ Recognition of diplomas and permission to practice the profession
- ✓ Advance Nursing Practice



**Implementation of European Union directives and clinical practice in nursing education .**







Contextual



EUROPEAN FEDERATION  
OF EDUCATORS  
IN NURSING SCIENCE

FÉDÉRATION EUROPÉENNE  
DES ENSEIGNANTS  
EN SCIENCES INFIRMIÈRES

Its mission consists in promoting excellence in nursing education, as well as nurse educators' skill acquisition and maintenance in the countries of the World Health Organization's European region, so as to better address their populations' constantly evolving health needs.



Cecile Dury, President



EUROPEAN NURSE  
STUDENT ASSOCIATION

The European Nursing Student Association is a global association that represents all nursing students in Europe. Our aim is to expand our voice and fight for the rights of the students.



Benedicte Molnes, President

ESNO NEW MEMBERS

Olga Navarro

Vanessa Ibáñez Del Valle



# INVISIBLE NURSES

Inventors, Invincible, Incredible

## Did You Know...

...that a nurse invented the adhesive and disposable ostomy bag?

Or that it was a nurse who designed the baby carrier and the portable oxygen backpack?

Did you know that the invention of the syringe is also due to a nurse?

Many incredible nurses have been made invisible throughout history



# INVISIBLE NURSES

Inventors, Invincible, Incredible

*Invisible Nurses* is a project that aims to make these and other nurses visible; who, for centuries, made inventions, patents, and other significant contributions to science and society but do not appear in the history books of nursing and are not known. We have gathered the stories of 14 invisible nurses in a picture book published by Penguin Random House.

## What next?

**New project:** *Invisible Nurses Latin America and the Caribbean.*  
Working group of 15 countries (universities, hospitals, ministries...)

***Invisible Nurses 2:*** there are more invisible nurses than we imagine.  
We continue working on a second book to make them visible and give nursing back the prominence it deserves.



Do you want to participate?  
[www.invisiblenurses.com](http://www.invisiblenurses.com)

Thank you for your attention:

- Olga Navarro
- Vanessa Ibáñez Del Valle

# ESNO REPORT PROCESS

Dr Adriano Friganovic

President  
European Specialist  
Nurses Organisation.



# The ESNO REPORT

APRIL

- WORLD CAFE



JUNE

- ESNO CONGRESS



AUG

CONSULTATIONS

OCTOBER

**ESNO**  
EUROPEAN SPECIALIST  
NURSES ORGANISATION

**REPORT**

*ON THE ESNO DECLARATION*

“Elaborating on the Role of  
Specialist Nurses and  
Advanced Level in  
European Healthcare Towards 2030”

Brussels  
10 October 2023

# Advanced Practice Nursing – role and nurse prescribing

**Dr Daniela Lehwaldt**

PhD MSc BNS RGN RNT SFHEA Certified Global Nurse Consultant (CGFNS)

**Chair International Council of Nurses (ICN) Nurse Practitioner / Advanced  
Practice Nurse Network**

President Subgroup 'International' Deutschs Netzwerk APN & ANP

Academic Member Irish Association for Advanced Nurse and Midwife Practitioner

Founding Member Ireland-Africa Alliance for Non-Communicable Diseases

Associate Professor General Nursing, Dublin City University, Ireland

[Daniela.Lehwaldt@dcu.ie](mailto:Daniela.Lehwaldt@dcu.ie)



**International  
Council of Nurses**

**NP / APNN**

Nurse Practitioner /  
Advanced Practice Nurse  
Network





# Nursing in Practice

## Past



## Present



# What is really important..?

- Patients and their care / services

Patients can wait hours for pain relief or not receive it although their pain levels are high  
(Sinatra 2010)



Excessive waiting times for chronic pain management 6 months+  
(Deslauriers et al. 2019)

Waiting for or lack of prescriptions at discharge



Lack of prescription cover on surgical wards during operation time  
(Kapu, Kleinpell & Pilon 2014)

# What is really important..?

- Patients and their care / services

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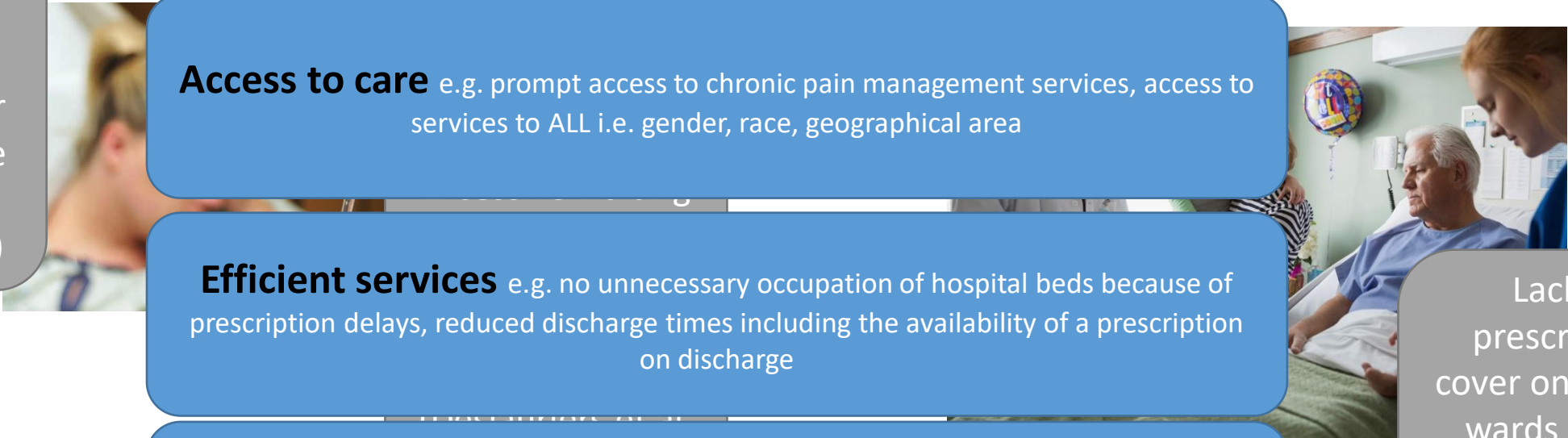
**Timely care** e.g. no unnecessary waiting times for pain relief

**Access to care** e.g. prompt access to chronic pain management services, access to services to ALL i.e. gender, race, geographical area

**Efficient services** e.g. no unnecessary occupation of hospital beds because of prescription delays, reduced discharge times including the availability of a prescription on discharge

**Enhanced patient outcomes** e.g. no unnecessary clinical complications linked to lack of prescription

Lack of prescription cover on surgical wards during operation time (Kapu, Kleinpell & Pilon 2014)



# Typical education, experience, clinical competence

## General Nursing:

- 3-4 year Diploma / BSc programme incl. A&P, Pathophysiology, Pharmacology, supervised practice
- basic clinical competencies

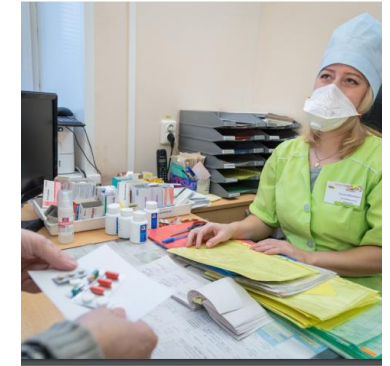
## Specialist Nursing:

- 3-4 year Diploma / BSc programme incl. A&P, Pathophysiology, Pharmacology, supervised practice, basic clinical competencies
- years of practice experience in a specialised area,
- 1-2 year-long Higher Diploma / Specialist Diploma - Specialist programme including clinical knowledge / practice
- Specialist clinical competencies

## Advanced Nursing Practice:

- 3-4 year Diploma / BSc programme incl. A&P, Pathophysiology, Pharmacology, supervised practice, basic clinical competencies
- years of practice experience in a specialised area,
- 1-2 year-long Higher Diploma / Specialist Diploma - Specialist programme including clinical knowledge / practice
- Specialist clinical competencies
- 2-year MSc programme including advanced A&P, Pathophysiology, advanced Pharmacology, supervised practice and **advanced / shared** medical competencies
- **Physical assessment, history taking, diagnostics, ordering tests, evaluating test results, medical treatments including prescribing of medicinal products and ionising radiation.**
- Example: ALL Advanced Nurse Practitioners in Ireland are also **Registered Nurse Prescribers (RNP)**
- **Doctorate in Nursing Practice new entry requirement USA – coming to Europe soon!** 😊

# ICN GUIDELINES ON PRESCRIPTIVE AUTHORITY FOR NURSES (2021)



## 3 Models

- Independent prescribing
  - Responsible for clinical assessment of a patient, diagnosis and decisions about the appropriate medication / product and issuing the prescription
- Dependent (supplementary) prescribing
  - The independent prescriber carries out the initial assessment and diagnosis; the supplementary prescriber prescribes from an open or limited formulary and consults with the independent prescriber before issuing the prescription
- Prescribing by protocol
  - Designed for a specific group of patients who have a particular condition; medications are only provided within the terms of a pre-determined protocol

ICN 2021 Guidelines: [https://www.icn.ch/system/files/2022-08/ICN\\_Nurse\\_prescribing\\_guidelines\\_EN.pdf](https://www.icn.ch/system/files/2022-08/ICN_Nurse_prescribing_guidelines_EN.pdf)

Template SLA: <https://healthservice.hse.ie/filelibrary/onmsd/template-10-service-level-agreement-nursing.pdf>

Service-Level Agreements (SLA) /  
Collaborative Practice Agreements (CPA)

## Collaborations/Mentorship/Lectures



- Botswana
- Canada
- Finland
- Gambia
- Germany
- Hungary
- India
- Norway
- Rwanda
- Togo
- Uganda
- United Kingdom
- Vietnam
- Zambia



**International Council of Nurses**  
**NP / APNN**  
 Nurse Practitioner /  
 Advanced Practice Nurse  
 Network

[Daniela.Lehwaldt@dcu.ie](mailto:Daniela.Lehwaldt@dcu.ie)

104 Conference Presentations (ICN, ICN APN NP and others)

- Keynotes
- Panel Presentations
- Symposia
- Pre-Conference Workshops
- Clinical Workshops
- Policy Cafes
- Concurrent Sessions



19 Book chapters/Books



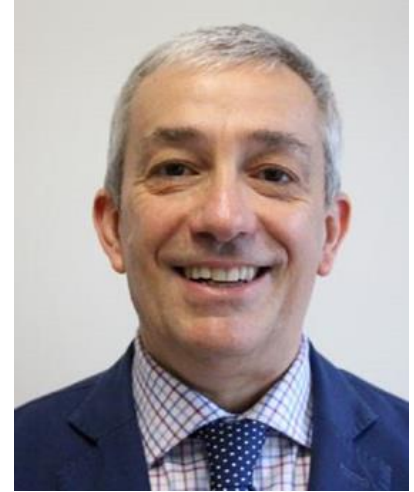
## 33 Peer Reviewed Publications

3 ICN Guidelines



# Alessandro Stievano

- Specialist Nursing challenges in relation to harmonization of education, certification and recognition in the European context
- Towards the Purposeful Action
- The harmonization of recognition of the nurse's protected titles
- From Students to Professionals: Certification the key to retention
- The Path Forward



Pascal Rod

President

European Specialist

Nurses Organisation.



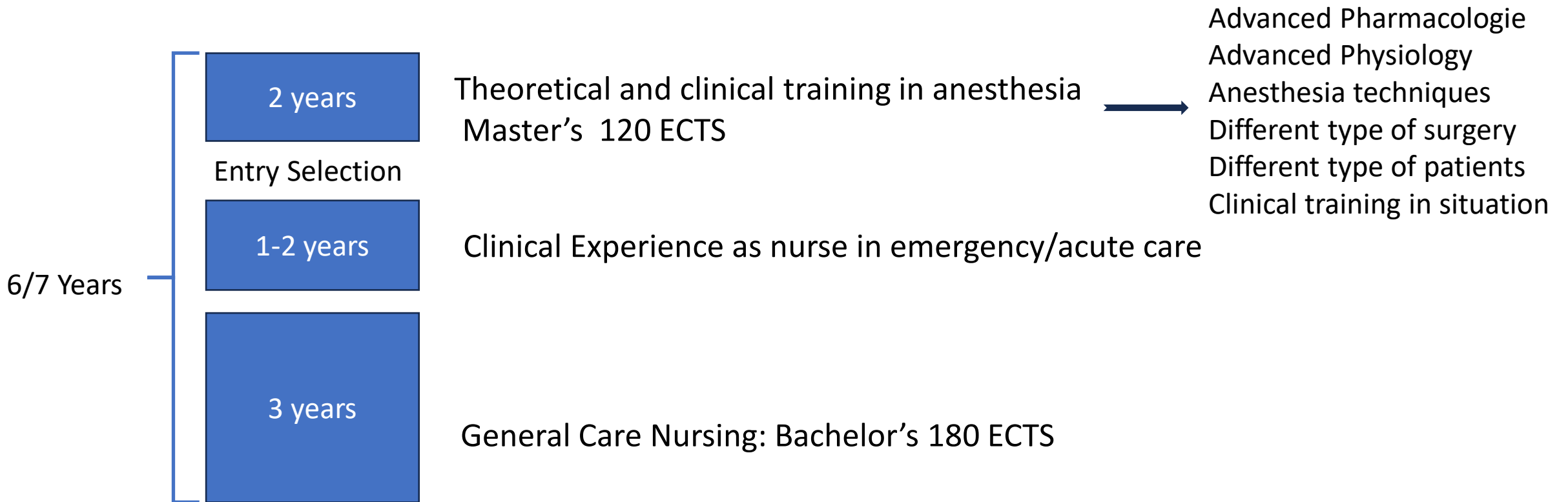
# **Nursing Specialty Advanced Practice Intermediate Health Profession**

Pascal Rod

International Federation of Nurse Anesthetists



# Nurse Anesthetist Education



# Definition ( International Council of Nurses)

A **Nurse Anesthetist** is an **Advanced Practice Nurse** who has the knowledge, skills and competencies to provide individualised care in anesthesia, pain management, and related anesthesia services to patients across the lifespan, whose health status may range from healthy through all levels of acuity, including immediate, severe, or life-threatening illnesses or injury.



Role: continuing management of anaesthesia and patient according to plan of care.

1 Anesthesiologist supervising 1-3 Operating Rooms

### **Anesthesia procedure tasks**

- Anesthesia management:
  - Perfusion, venous routes, monitoring (ECG, SpO<sub>2</sub>, Capnography, Echo, BP, Arterial Line...)
  - Airway management ( intubation, extubation, respiratory machine set-up,)
  - Anesthesia maintenance (concentration, reinjections,)
  - Recovery

### **Skills**

- Monitoring data and clinical assesment
- **Autonomy** in adaptation of doses in reinjections and choice of medications , concentration of gases, corrective actions, anticipation according to surgery times, post operative pain without any written prescription

# NURSE ANESTHETIST

**Advanced Knowledge and practice** beyond General Care Nurse

**Autonomy** in assessment, anticipation, corrective actions

**Expertise** in Anaesthesia management, pain control, resuscitation

**Resource Person** in airway management, difficult venous punctures, pain management

**Patient safety** guaranty by continuous presence during all the procedure

~~TASK LIFTING~~



**TASK SHARING**

# Ilaria de Barbieri, President

*European Dialysis and Transplant Nurses Association/European Renal Care Association*



VIDEO MESSAGE

Catharina van Oostveen

National Nursing  
Association  
Netherlands

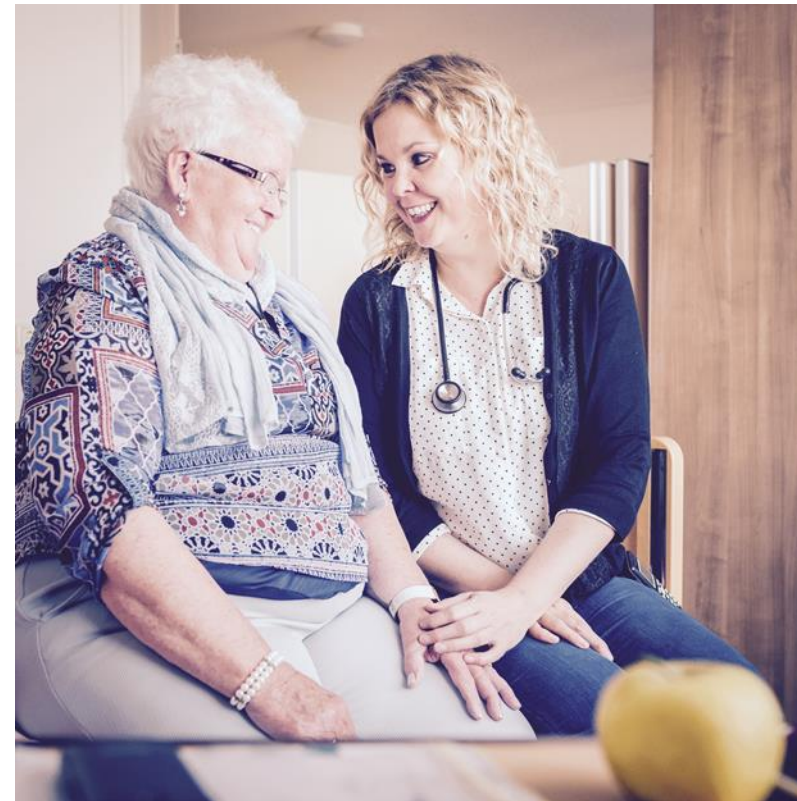
Chair section  
specialist Nurses



# Introduction

## Catharina van Oostveen

- Nursing dean
- Assistant professor Nursing practice; organization & development
- Boardmember of the Dutch nursing association





2030

# Mission



- In Dutch healthcare every patient has access to treatment and care of an APN
- Documentary “The Nurse Practitioner” <https://www.youtube.com/watch?v=glZ1cjkIpCg>

1997

## How it started

1. Graduation of the first Nurse Practitioners (12) in NL
2. Initiated by Drs Els Borst, Minister of Health (and medical doctor):
  - to solve shortage of medical doctors
  - to improve jobsatisfaction of nurses
  - to improve career perspective of nurses



2012



## How it went

- MANP; 11 universities of applied science
- Subsidized bij Ministry of Health
- Developing towards full practice authority: major objections by Dutch federation for medical specialists
- Compromise: experimental law 2012-2017, combined with research (safety, Qofcare, efficiency, costs)

2023

# How it is going



- Full practice authority, full prescription authority included (cost-effective, excellent Qofcare, efficient, patient-satisfaction ↑)
- +/- 5000 APN's: 3000 in general healthcare (2000 in primary healthcare), 2000 in mental healthcare

# How to support



- Priorities of the Dutch nursing association
  - Knowledge in practice
  - Invest in development and career
  - Space and control for the professional
- Compliments and thanks for the ESNO recommendations

# EUVECA

Henriette Hanssen

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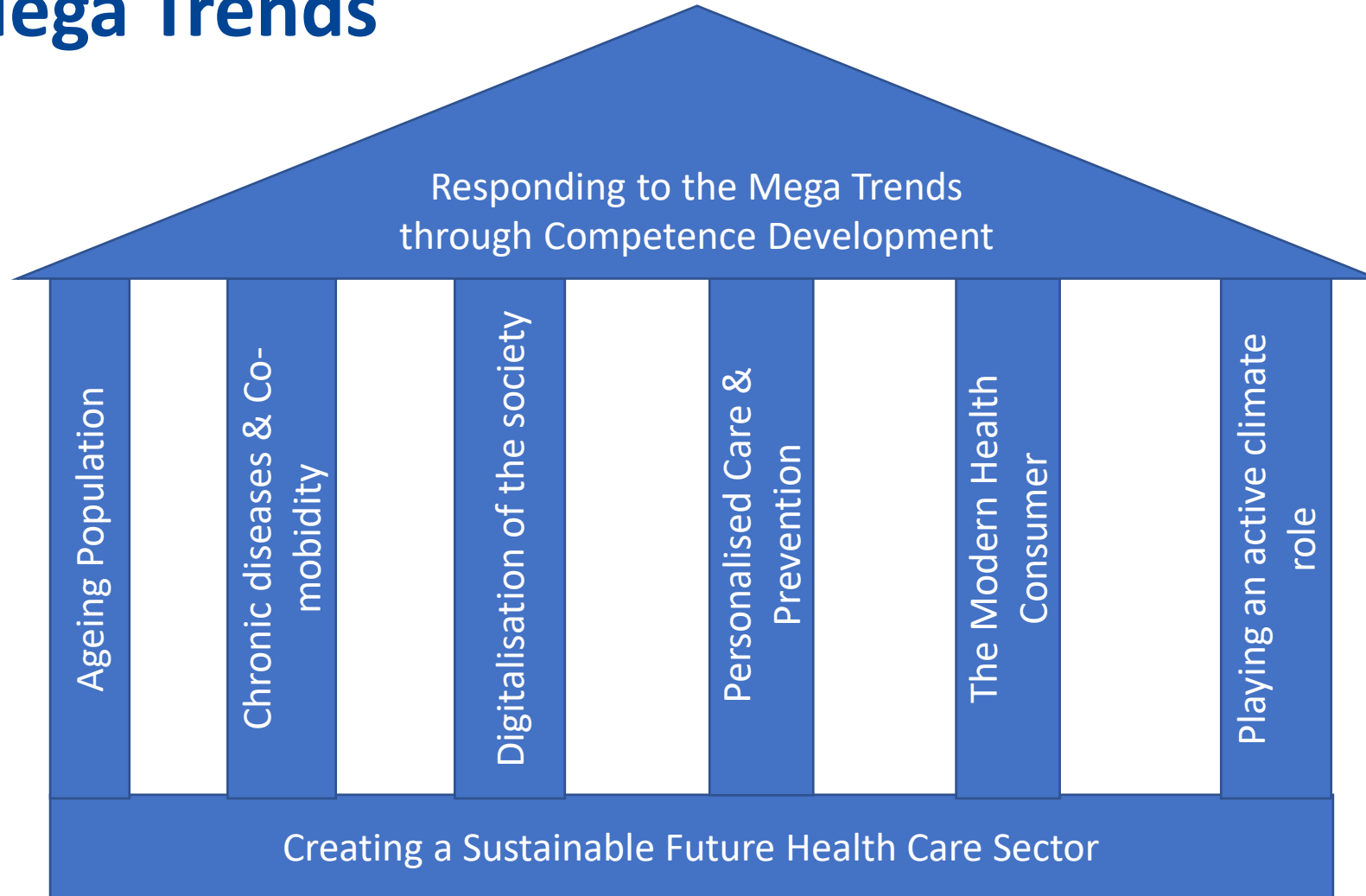


# EUVECA

European Platform for Vocational Excellence in Health Care

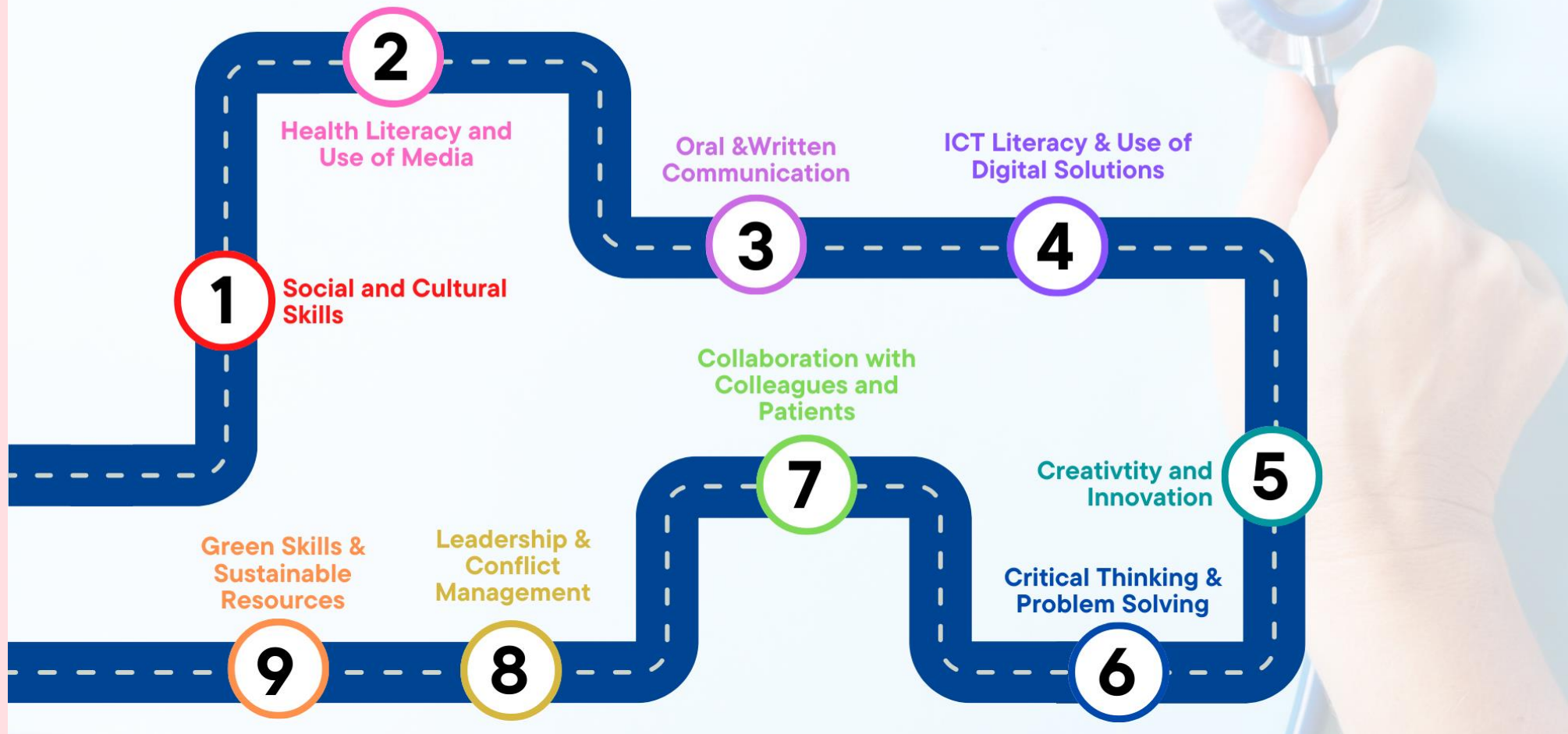
Henriette Hansen, South Denmark European Office

# 6 Mega Trends





# 21ST CENTURY SKILLS IN THE HEALTH CARE SECTOR



# Regional Health Eco-systems

## Including VET in an already existing health eco-system model.....



Including continuing and Lifelong VET

Objectives of the regional VET hubs:

- Create collaboration and coordination between health care providers and the health care education providers
- Think out of the box and create new ways of learning
- Breaking down the silos through e.g. internships, apprenticeships and common innovation activities
- Create more "real world" learning opportunities
- Create more mobility (horizontal and upward convergence)

## Interregional collaboration between the regional hubs

### European platform for VET excellence in Health care

Regional VET Health Ecosystem in South Denmark, DK	Regional VET Health Ecosystem in Bergen, NO	Regional VET Health Ecosystem in Valencia, ES	Regional VET Health Ecosystem in Lubeck, DE	Regional VET Health Ecosystem in Ljubljana, SLO	Regional VET Health Ecosystem in Twente, NL	Regional VET Health Ecosystem in Trento, IT
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# Thank you for listening Keep in contact.....

Henriette Hansen [HHA@southdenmark.be](mailto:HHA@southdenmark.be)

- [www.euveca.eu](http://www.euveca.eu)
- [LinkedIn](#)
- [euveca.erasmus@gmail.com](mailto:euveca.erasmus@gmail.com)
- [Twitter @euveca\\_project](#)
- [Facebook](#)

# ESNO NURSES POOL

Jo Declaye

ESNO Junior Policy Officer



## Benefits of joining the wider specialist nurses community

For a good representation, our aim is to have no limitation of nurses connected to the ESNO nurses pool. Our aim is to start this year with 1,000 nurses from all European regions, ages, gender, field of and education and responsibility levels.



Connect with specialist nurses in field of interest



Strengthening the position of the committee by joining



Experience a sense of belonging and network with peers



Contribute to data in a flexible way and provide up-to-date information



Initiate surveys yourself and connect with peers for co-authorship



Stay informed on early outcomes of surveys and studies



Engage with fellow nurses and explore new ideas



Receive a special newsletter four times a year



# Surveys - ESNO Nurse Pool

### Explanation | Survey types

The surveys on this page are divided into three types: essential, specific, and advanced. These types differ in what the information gathered from the survey can or will be used for.

**Essential** | Surveys about the essentials of the nursing profession. Outcomes of these surveys have the potential for publication.

**Specific** | Focussed, one-topic surveys.

**Advanced** | Academic-grade surveys. The outcomes of these surveys can be used for scientific publications.

From:  Type:  Status:  Sort:

**ESSENTIAL**

ESNO Survey on IV Therapy at Home

[See results >](#)

**SPECIFIC**

Knowledge, Perception and Behaviours relating to Climate Change and Sustainable Healthcare...

[Take the survey >](#)

**ESSENTIAL**

Index questionnaire ESNO

This is an ongoing indexation of Nurses, gaining a scope on: specialisation,...

[Take the survey >](#)

Temper the Specialist Nurses Heterogeneity in the Interest of Quality Practice and Mobility—...

The position of the specialist nurse profession varies across the European Union....

[See results >](#)



# Fellowship Awards

- AWARDED FELLOWS:
- Special persons, who are at the forefront of patient care, research, and leadership, driving positive change in the European health landscape.





# The Declaration

ESNO - DECLARATION



ESNO 10 Recommendations to Enhance the Role of Specialist Nurses and Advanced Level in European Healthcare Towards 2030

1. Enhance specialist nurses' **professional education** and promote continuing Professional Development to improve staff retention and ensure the delivery of qualitative care.
2. Develop a harmonised **framework for the recognition** of certificates, level of autonomy diplomas and degrees in the European Union for the healthcare workforce to facilitate seamless mobility and ensure consistent standards across Member States.
3. More specifically, establish a European framework for the **automatic recognition of specialist nursing** qualifications to streamline the recognition process and ensure consistent standards across Member States.
4. Improve financial conditions for nurses by **offering competitive salaries** and benefits that reflect their competencies, knowledge, skills, and contributions to patient care.
5. Create positive and **supportive work environments** by ensuring reasonable workloads, manageable shift schedules and safety at work requirements to prevent burnout and job dissatisfaction.
6. Provide clear **career pathways** and opportunities for professional growth to attract and retain specialist nurses in the healthcare workforce.
7. Offer financial assistance, relocation support, and competitive compensation packages to address financial considerations and promote effective **professional engagement in (European) health programs**.
8. Integrate **critical education and training programmes on green, digital and microbiology awareness** into healthcare curricula to promote sustainability and professional literacy in the sector.
9. Harmonise **prescribing practices, formal and informal** and educational standards for nurses across the EU to optimise patient care and recognise the expanding role of nurses in pharmaceutical healthcare delivery.
10. Foster **interdisciplinary collaboration** among healthcare professionals through shared decision-making, clear communication channels, and opportunities for interdisciplinary education and training.



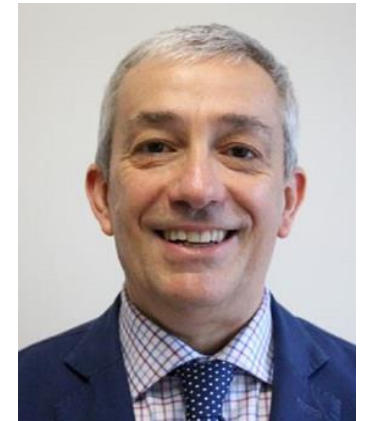
[www.esno.org/caring4nurses](http://www.esno.org/caring4nurses)

# CONCLUDING WORDS

MEP Mr. István  
Ujhelyi  
Member of the  
European  
Parliament



*“SEE YOU NEXT SUMMER IN MILAN”*



**5<sup>th</sup> ESNO  
CONGRESS**

MILAN- ITALY  
JUNE 5-7.2024

**ESN**  
EUROPEAN SPECIALIST  
NURSES ORGANISATION



[WWW.ESNO-CONGRESS.EU](http://WWW.ESNO-CONGRESS.EU)

THANK YOU FOR JOINING,  
CLOSING WORDS  
END OF MEETING

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